



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# WINTER BREAK & HOLIDAY PROGRAMS!

## YMCA OF SPRINGFIELD

### DECEMBER, 2017 – JANUARY, 2018

The holidays are right around the corner. Visions of hot chocolate and cookies are everywhere. There may also be visions of kids home from school! So, what happens when holiday break time becomes holiday whine, "I am so bored," time? The YMCA of Springfield happens!

#### December



#### Winter Break School Days Out (K-6th grade) Downtown & Kerasotes

We are hosting winter break school days out for children in K-6th grade December 22 and 26-29 for Downtown and December 21-22 and 26-29 at the Kerasotes YMCA. The Downtown YMCA will provide camps on January 2 and Kerasotes will have programming available for both January 2&3. YMCA holiday camps are hosted at both facilities where kids rule. Kids play games in our Youth Center, create art projects like tie dye and painting, swim and more. We may even see the bounce house! We have adult supervision, snack time and, best of all, kids are with their friends! There is no, "I'm so bored" when kids are at the YMCA. Activities are from 9 a.m.-4 p.m. with drop off beginning at 7 a.m. and pick up by 6 p.m. Children must bring a sack lunch and swim gear. Swim days at Kerasotes include December 22, 27, and 29, Downtown pool is open everyday. You may register online or use the registration form on this flyer. Advanced registration is required. Regular drop in is not allowed.

ARTS17/HDC17 Current YMCA Afterschool Participants \$12/day, Member \$25/day, Public \$30/day

#### January



#### December



#### Specialty Holiday Programs in December

##### Christmas Themed Parents' Night Out (8 weeks-12 yrs) Kerasotes

Haven't started your holiday shopping or just need a night to unwind with your partner? Drop your kids at the Kerasotes YMCA to enjoy a fun, safe evening with a special holiday theme. Your kids will play, dance, and enjoy story time, and they can do it all in their pajamas. Kids ages 6-12 will swim from 7-8 p.m. so bring a suit and towel! If registered for food, we will provide water bottles, pizza and snacks. Children are welcome to bring their own dinner too! ARTS17, 6:00-8:30 p.m. Saturday, December 2.

**\$10 Members, \$14 Members (Food provided), \$20 Public, \$24 Public (Food Provided)**



##### Winter Break Lifeguard Training (16+) Kerasotes

The YMCA lifeguard training and certification is a unique program designed to ensure interested individuals have all the necessary skills to handle a very demanding and important responsibility: Saving a life! Upon the successful completion of the YMCA course, each participant will become certified as a YMCA lifeguard. Participants will also receive additional certifications in CPR for the professional rescuer, Basic First Aid and Emergency Oxygen Administration from the American Health and Safety Institute. The course combines classroom lecture, online e-learning, swimming and water rescue practice. LGT17 Wednesday - Saturday, December 27-30, 9:00 a.m. - 3:00 p.m.

**\$250 Members \$350 Public (Work 500 hours as a YMCA Lifeguard and have your training fee waived! Visit [www.springfieldymca.org](http://www.springfieldymca.org) for more information.)**

December



Functional Fitness for Youth (8-13+) Downtown

Learn something new and build strength and agility for sports over winter break! Functional Fitness for Youth is for both girls and boys and will be offered in the new Youth Fitness Center downtown. The program will build a foundation for athleticism which connects mobility, strength and agility — critical skills that are needed for every sport. FIT17 December 26, 27, & 28, 2017: 3x per week, Tuesday, Wednesday, & Thursday. Ages 8-12: 9:00 a.m.-Noon, Ages 13+: 1:00-4:00 p.m. \$44 Members \$64 Public



Twist and Tumble Gymnastics Mini Camp (5-13 yrs) Downtown

Bring your children to the Downtown YMCA so they can twist, tumble, and play games during winter break. Come in from the cold and let your little ones experience the fun and excitement of beginner gymnastics! December 26, 27, 28, & 29, 2017 Ages 5-13: 9:00 a.m.-Noon \$60 Members \$80 Public

January



Post Holiday Programs in January

Post Holiday Parents' Night Out (8 weeks-12 yrs) Downtown

During the Holiday's you took time for your family, now it's time to take time for you! Drop your kids ages 8 weeks-12 off at the Downtown YMCA to enjoy a fun, safe evening! They can even show up in their pajamas! Kids ages 6-12 will swim from 7-8 p.m. so bring a suit and towel! A small snack will be provided, but please bring a water bottle. ARTS18, 6:00-8:30 p.m. Saturday, January 13, \$10 Members, \$15 Public

REGISTRATION FORM (Please complete one form for each child/registrant.)

Check dates to sign up!

School Days Out:

December 21, 2017 (Kerasotes) \_\_\_\_\_
December 22, 2017 (Downtown) \_\_\_\_\_
December 22, 2017 (Kerasotes) \_\_\_\_\_
December 26, 2017 (Downtown) \_\_\_\_\_

December 26, 2017 (Kerasotes) \_\_\_\_\_
December 27, 2017 (Downtown) \_\_\_\_\_
December 27, 2017 (Kerasotes) \_\_\_\_\_
December 28, 2017 (Downtown) \_\_\_\_\_

December 28, 2017 (Kerasotes) \_\_\_\_\_
December 29, 2017 (Downtown) \_\_\_\_\_
December 29, 2017 (Kerasotes) \_\_\_\_\_
January 2, 2018 (Downtown) \_\_\_\_\_

Parents' Night Out \_\_\_\_\_
December 2, 2017 (Kerasotes)

Lifeguard Training \_\_\_\_\_
December 27, 28, 29, & 30 2017

Functional Fitness for Youth \_\_\_\_\_
December 26, 27, & 28, 2017

Twist & Tumble Mini Camp \_\_\_\_\_
December 26, 27, 28, & 29, 2017

Parents' Night Out \_\_\_\_\_
January 13, 2018 (Downtown)

Name \_\_\_\_\_ M \_\_\_ F \_\_\_ Birth Date \_\_\_/\_\_\_/\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_ Zip \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Home # \_\_\_\_\_ Cell# \_\_\_\_\_

E-mail \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

Yes  No Have allergies/take my medications?

If yes, Allergies \_\_\_\_\_ Medications \_\_\_\_\_

I would like to make a gift to help a child participate in YMCA programs. I am adding \$\_\_\_\_\_ to my registration for the YMCA Strong Kids Scholarship Fund. All gifts are tax deductible.

I hereby register for my child for a YMCA Holiday Camp or Class. I give permission for my child to take field trips if participating in Holiday Day Camps sponsored by the YMCA which may take him/her off the YMCA premises. I allow the YMCA to seek emergency care if required. I also grant the YMCA permission to use photographs in promotional materials such as brochures, ads, website or newspaper releases. I will not be informed or reimbursed for such photographs.

Signature \_\_\_\_\_ Date \_\_\_\_\_

