



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



**GET READY
FOR MYZONE
CHALLENGES**

STEP 1:

Purchase your MYZONE™ belt

STEP 2:

Pay \$5 Register for your MYZONE™ Challenge

STEP 3:

Earn 2500 MEPs (point system) in the given time and be entered to win an \$80 gift card

STEP 4:

Exceed 2500 MEPs and win additional prizes!



Please select your MYZONE™ Challenge

The Halloween 30 Day Fitness Hustle	The Holiday Huff and Puff	The 2019 Quick Start Challenge	March Madness
\$5	\$10	\$10	\$5
October 1-31	November 22-December 31	January 7-February 14	March 1-31

Maximize your workout today!

REGISTRATION FORM (one form per participant)

Name _____ Birth Date _____ Age _____
 Address _____ City _____ Zip _____
 Home Phone # _____ Cell # _____
 Email _____ Emergency Contact _____

Your **MYZONE™ Registration Package** _____

- I would like to make a gift to help a child participate in YMCA programs. I am adding \$_____ to my registration for the YMCA Strong Kids Scholarship Fund. All gifts are tax deductible.
- I hereby register. I allow the YMCA to seek emergency care for me if required. I also grant the YMCA permission to use photographs of me in promotional materials such as brochures, ads, website or newspaper releases. I will not be informed or reimbursed for such photographs.

Signature _____ Date _____

Contact:

Cindy Jordan
 Association Director of Health & Wellness
 cjordan@springfieldymca.org
 217-679-1625 ext. 183

Office Use Only: SE18
 Amount Paid: _____
 Date _____ Staff _____
 Branch 1 _____ Branch 2 _____