

March Exercise Madness



March is often referred to as 'crunch month' when it comes to obtaining the summer body. The enthusiasm from the new year resolution may have worn off, the long summer days are just a few months away, it is the month of March that counts. So we have made march a game!



HOW TO GET INVOLVED

Buy a Myzone physical activity belt at the front desk, and receive free entry to the challenge. Then, just start exercising and you will earn your MEPs.



BONUS PRIZES

You will then earn an additional entry for every extra 300 MEPs over 1500.



THE CHALLENGE

If you earn 1500 MEPs (yellow & red) you will gain 1 entry into the prize drawing for a Zone40 small group training reistration.



EXISTING MYZONE USERS

Existing users pay \$5



WHO SHOULD PARTICIPATE

Those committed to looking their best for summer.
Those who need a short focus-boost for summer.
Those needing to make exercise a game.



DATES

STARTS: March 1st
FINISHES: March 31st

Get your belt. Earn the points. Meet the challenge.
See front desk for details.

Are you up for the challenge?

Learn more at myzone.org

