

The **2019** Quick Start Challenge

Make sure you consolidate your New Year's resolution with a quick start to the year – better still, have a gift ready for Valentine's day!



HOW TO GET INVOLVED

Buy a Myzone physical activity belt at the front desk, and receive free entry to the challenge. Then, just start exercising and you will earn your MEPs.



THE CHALLENGE

3000 MEPs earns and be entered to win aa 2xPT sessions for your significant other or Zone40 small group training.



WHO SHOULD PARTICIPATE

Those who want to follow through on resolutions.
Those looking to earn their significant other a gift.
Those needing to make exercise a game.



BONUS PRIZES

If you earn 3000 MEPs you will gain 1 entry into the prize draw. You will then earn an additional entry for every extra 300 MEPs over 3000.



EXISTING MYZONE USERS

Existing tribers pay \$10



DATES

STARTS: January 7th
FINISHES: Valentine's Day
PARTY: Valentine's Day @ Club

Get your belt. Earn the points. Meet the challenge. **See front desk for details.**

Are you up for the challenge?



Learn more at myzone.org