

# The **Halloween** 30 Day Fitness Hustle



Looking to scare away the 'on creep' of laziness this Halloween? Want to keep the summer enthusiasm for exercise at a high? Then let's play a game, and it ain't trick or treat!



## HOW TO GET INVOLVED

Buy a Myzone physical activity belt at the front desk, and pay \$5 for entry to the challenge. Then, just start exercising and you will earn your MEPs.



## BONUS PRIZES

If you earn 2500 MEPs you will gain 1 entry into the prize draw. You will then earn an additional entry for every extra 300 MEPs over 3000.



## THE CHALLENGE

Earn 2500 MEPs and in the given time and be entered to win a Myzone Tshirt.



## EXISTING MYZONE USERS

Existing users pay \$5.



## WHO SHOULD PARTICIPATE

Those wanting to get back 'in the swing of things'.  
Members who did the Great Summer Challenge.  
Members who just want something to focus on.



## Dates

**STARTS:** October 1st  
**FINISHES:** October 30th

Get your belt. Earn the points. Meet the challenge. Scare away the laziness. **See front desk for details.**

Are you up for the challenge?

Learn more at [myzone.org](http://myzone.org)

