



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MEMBERSHIP UPDATES

COVID-19 is an evolving situation and we are working as quickly as possible to meet the needs of our members, employees, and community. We deeply appreciate our Y members' understanding and patience as we navigate these difficult circumstances. We have been overwhelmed by the generosity of our members. Many elected to have their membership dues continue and designated them as a donation. This has been so impactful as we continue to strive to keep our full-time employees employed and cover other ongoing costs associated with our facilities. If you would like to designate your membership dues as a donation, [CLICK HERE](#).

EMERGENCY YMCA CHILDCARE

The health of ALL is not only a top priority, but it's part of our mission. Due to COVID-19, our YMCA branches are currently closed; however, the YMCA is offering childcare to those who serve as essential workers. We are operating under guidelines established by CDC, Department of Health, and YUSA regarding cleaning and group sizes. Daily program activities include games, arts and crafts, and a variety of physical exercises.

For more information regarding Emergency Childcare, [CLICK HERE](#).

HEALTHY LIVING – TOOLS TO STAY HEALTHY

Wellness

We have provided some virtual wellness opportunities so you can enjoy free video health classes including videos from some of your favorite YMCA of Springfield instructors at your convenience anytime, anywhere. To link to our Virtual Wellness page, [CLICK HERE](#).

Cleaning the Facilities

We have spent the last few weeks cleaning the facilities including the pools at Kerasotes. This will allow our members to come back to a shiny, clean, ready-to-use facility.

Checking in with our Senior Members

We have reached out to many of our senior members with phone calls to ensure they are safe and engaged.

YOUTH DEVELOPMENT – FOR THE KIDS

Kids Activities

Find online activities to engage your child at home. For fun activities to keep you and your family entertained during the quarantine, [CLICK HERE](#).

Kids Fitness

Keep kids active and help them establish a life-long habits. [CLICK HERE](#)

Competitive Teams

We are working behind the scenes to ensure that our athletes are ready to get right back at practice as soon as possible. Our coaches have provided workouts and they are also assisting their athletes with online resources and have been in contact with them regarding any other need they may have.

SOCIAL RESPONSIBILITY – YES, YOU CAN HELP

Quarantine is not a barrier to being there for each other! We are leading a community movement to respond to this crisis. [CLICK HERE TO DONATE](#)