



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA of Springfield Reopening Plan

The YMCA of Springfield's priority is to provide wellness facilities, programs and services in a safe and effective manner. The YMCA's reopening plan prioritizes the health and well-being of our members, staff and the communities we serve, taking into account CDC guidelines and the guidelines and recommendations of state and local government authorities.

Our staff and volunteer team will provide unique knowledge and guidance, unbiased perspectives, and critical thinking as the Y implements the outlined reopening plan.

The soft reopening step outlined is not time-based and the decision to expand services beyond the soft opening will rely on guidance from the CDC, Governor's orders, and Springfield Mayor's orders, as well as the Y's confidence in enforcing compliance with all COVID preventative measures. • Social or physical distancing means maintaining a distance of at least six feet and preventing large gatherings • Meeting health and community needs will be balanced and focused on preventing the spread of COVID-19

If members are not compliant with the new policies and protocols in place in each step, they will be asked to immediately leave the facility. Additionally, if a staff or member reports that they were a COVID carrier while visiting a YMCA property, the Y will maintain the confidentiality of the individual while reporting the potential exposure to all staff and members of that particular location, work with local health officials to ensure they can implement contact tracing to facilitate adequate communication to all who were exposed, the location will be professionally deep cleaned per CDC guidelines, and employees who came into close and unmasked contact with the individual will be quarantined for 14 days. Other levels of exposure to the infected individual would result in employee self-monitoring. CDC guidelines for handling exposure and mitigating risk if exposure happens in a YMCA facility will be followed.

The following outlines the stepped/staged opening of the YMCA facilities, services and programs. Each step outlines expectations, policies and procedures for people, facilities, programs and activities and provides a summary of each COVID transmission prevention measure that will be implemented in each step/stage. The Y will not move into subsequent steps/stages of this plan until the Y deems its safety protocols to be successful and its members to be cooperative in adhering to physical distancing guidelines.

YMCA



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YMCA Covid-19 Re-Opening Steps

STATE OF IL
PHASE 3

YMCA LIMITED SERVICES

Complete June 25th

This stage limits all activities to personal training within the YMCA and outdoor fitness with limited attendance in accordance with State of Illinois Phase 3 restrictions. The YMCA will implement social or physical distancing practices in all operations during this phase by controlling the number of members allowed in the facility and outdoor programs while staff enforce all social distancing protocol and policies.

STATE OF IL PHASE 4

YMCA SOFT OPENING

YMCA Soft Opening Stage limits all activities to individual level activities. The YMCA will implement social or physical distancing practices in all operations during this phase by controlling the number of members allowed in the facility, facility/indoor traffic patterns, re-arranging physical areas and fitness equipment, and placing trained staff in each location where there is more than one member to monitor and enforce all social distancing protocol and policies. More detailed information may be found on the YMCA Soft Opening Stage in the table below.

YMCA EXPANDED OFFERING

YMCA Expanded Offering Stage maintains the social and physical distance practices while opening more areas of the facility to meet community wellness needs. As the Y's confidence level increases in all social and physical distancing practices, more areas of the YMCA will open for use and group activities will slowly be reintroduced within social and physical distance guidelines. If any areas pose challenges for social or physical distancing or for sanitation then the area will be closed until new procedures can be implemented. More detailed information may be found on the YMCA Expanded Offering Stage in the table below.

When the State of Illinois moves into phase 5, this will represent a return to operations pre-COVID crisis. Facilities and programs will be opened to full capacity. Some social and physical distancing practices along with stringent cleaning practices may be required to reduce the possibility of COVID transmission and will be understood to become ongoing practice for the YMCA of Springfield.

The Y will maintain our close relationship with applicable government departments and task forces to ensure all practices prioritize the health and safety of our staff, members, and community.

SOFT OPENING	PEOPLE	FACILITIES	PROGRAMS AND SERVICES	COVID TRANSMISSION PREVENTION MEASURES SUMMARY
<p>RESTORE ILLINOIS PHASE 4</p>	<p>Staffing limited to “essential staff” only (includes social distance and sanitation monitors throughout facilities). All staff are thoroughly trained on COVID transmission prevention and new cleaning protocols prior to working in facilities.</p> <p>Only members may enter the facility: <ul style="list-style-type: none"> • Self-scan upon entry (staff will not handle cards, phones, or any other person’s belongings) • Ages 12 and under admitted only for registered program or lesson </p> <p>All staff, members and vendors asked to wash and/or sanitize hands upon entry.</p> <p>All staff, members and vendors will have temperatures taken upon entry (anyone with temps above 100.4 or any symptoms of illness are sent home immediately). All staff, members and vendors will be questioned re: COVID symptoms upon entry.</p> <p>Per space member numbers will be controlled throughout the building limiting to Restore Illinois per space gathering capacity or social distancing possible within a space, whichever figure is lower.</p> <p>Staff required to wear face coverings; members strongly encouraged to wear face covering/mask.</p> <p>All staff, members and vendors who are unwilling to comply with the Y’s COVID transmission prevention measure will be asked to leave the facility immediately</p>	<p>YMCA facilities open for members only. Significant limitations restrictions. Individual level activity.</p> <p>YMCA Facility Hours: Monday – Friday 7am – 7pm* Saturday 7am – 1pm *Kerasotes lap swim reservations start at 6:15am.</p> <p>Areas, open with restrictions:</p> <ul style="list-style-type: none"> • Cardio and strength areas open with significant restrictions • Group exercise rooms open only for personal training; virtual workout needs and Summer Care programs. • Basketball Courts open for programming purposes only • Ages 12 and under admitted only for registered program or lesson. • Single bathrooms and family changing rooms will be open • Only no touch bottle filling available (water fountains closed) • Seating areas significantly reduced to prevent gathering • Racquetball court, single person use • Pool Use available per reservation, lap swimming, private lessons, and therapy <p>Closed areas: • Men’s and Women’s Locker Rooms • Lobby areas • Steam Rooms • Saunas • Whirlpools</p> <p>Services not provided: coffee, bath/workout towels, child watch</p>	<p>Available services: Cardio, stack weight and free weight equipment available.</p> <p>Outdoor fitness and sport clinics by registrations.</p> <p>Walking on indoor track. No running.</p> <p>Summer Care: 5-12yr olds</p> <p>Downtown YMCA parking free to members.</p> <p>Outdoor Programming fitness classes and programming resumes under guidance from IDPH.</p> <p>Reservations for outdoor fitness required.</p> <p>Gym and Swim Team practices resume.</p> <p>Closed programs/areas: All indoor group activities are closed including all group exercise classes, swim lessons, water aerobics, child watch.</p> <p>Facilities areas closed include locker rooms, child watch, youth lobbies, basketball, volleyball, etc.</p>	<ul style="list-style-type: none"> • Rigid social/physical distancing practices and policies and signage throughout the Ys. • Acrylic barriers installed in Welcome Center • Hand sanitizer placed throughout the building • Facility and equipment thoroughly cleaned and disinfected daily with disinfectant cleaner (before opening, after closing each day and throughout the day) • One-way indoor traffic patterns implemented • Members will be asked to clean any equipment they use before and after each use • Spacing markers on floors to keep members who are waiting at least 6ft apart • Signage installed and staff monitoring all areas with more than one member to enforce social distancing practices • Equipment spaced or marked as unavailable to maintain appropriate social distance • Members asked to use the provided wipes to clean equipment before and after each use • Equipment and frequently touched surfaces will be cleaned with disinfecting solution throughout the day (minimum of every two hours) and after closing. • Limit facility/areas to ensure compliance with gathering within one space and social distancing needs • General seating throughout the facility is removed or repositioned to six feet apart • Fever checks of all staff, members and vendors upon entry • Any individual who displays any symptom of an illness may not enter the building • Members, vendors and staff will wash/sanitize hands upon entry and exit • Staff will wash hands frequently • All staff required to wear PPE; members strongly encouraged to wear PPE • Members’ and staff personal belongings stored in designated areas only (no personal belongings may be left out in the open)

<p>EXPANDED OFFERINGS</p> <p>RESTORE ILLINOIS PHASE 4</p>	<p>PEOPLE</p>	<p>FACILITIES</p>	<p>PROGRAMS AND SERVICES</p>	<p>COVID TRANSMISSION PREVENTION MEASURES SUMMARY</p>
	<p>Staffing increased to accommodate larger numbers of programs (includes social distance monitors throughout facilities). All staff are thoroughly trained on COVID transmission prevention and new cleaning protocols prior to working in facilities</p> <p>Only members may enter the facility</p> <ul style="list-style-type: none"> • Self-scan upon entry (staff will not handle cards, phones, or any other person's belongings) • Ages 12 and under admitted only for registered program or lesson <p>All staff, members and vendors will be asked to wash and/or sanitize hands upon entry.</p> <p>All staff, members and vendors will have temperatures taken upon entry (anyone with temps above 100.4 or any symptoms of illness are sent home immediately). All staff, members and vendors will be questioned re: COVID symptoms upon entry.</p> <p>Per space member numbers will be controlled throughout the building limiting to Restore Illinois per space gathering capacity or social distancing possible within a space, whichever figure is lower.</p> <p>Staff required to wear PPE (eg, mask, gloves); members strongly encouraged to wear PPE (eg, mask, gloves)</p> <p>All staff, members and vendors who are unwilling to comply with the Y's COVID transmission prevention measure will be asked to leave the facility immediately</p>	<p>More YMCA areas become available to meet community wellness needs.</p> <p>YMCA Facility Hours: Hours to be announced July 1st.</p> <p>Areas, open with restrictions:</p> <ul style="list-style-type: none"> • Cardio and strength areas open with significant restrictions on capacity and activities • Locker rooms open with personal distancing restrictions • Pools open • Group Exercise classes open with limited class sizes (60 sq ft/person. • Basketball Courts open for programming purposes only • Only designated bathrooms will be open • Only no touch bottle filling available (water fountains closed) • Seating areas significantly reduced to prevent gathering • Child Watch available by reservation • Racquetball courts for 2 person (single) use only <p>Closed areas: Youth Lobbies • Steam Rooms • Saunas • Whirlpools • Basketball</p> <p>Services not provided: coffee, bath/workout towels</p>	<p>Available services: Most group activities will resume for land and water fitness with reduced class sizes. Reservations required for all programs including free fitness classes.</p> <p>Downtown YMCA parking free.</p> <p>Lap swim, water walking, small group water exercise. Lane reservation required for aquatic activities and group classes.</p> <p>Indoor Track open for walking only.</p> <p>Basketball courts only open for group exercise classes, camps, and personal training sessions.</p> <p>Youth programs such as movie viewing parties offered following social distancing and group gathering requirements with registration required.</p> <p>Closed programs/areas: Badminton and Pickleball closed</p> <p>Basketball courts for programs only, no basketball available.</p> <p>Youth lobby areas closed.</p>	<ul style="list-style-type: none"> • Rigid social/physical distancing practices and policies and signage throughout the Ys. • Areas and programs will have maximum capacity limits to ensure compliance with gathering restrictions as well as to maintain personal distancing. • Acrylic barriers installed in Welcome Center • Hand sanitizer placed throughout the building • Facility and equipment thoroughly cleaned and disinfected daily with disinfectant cleaner (before opening, after closing each day and throughout the day) • One-way indoor traffic patterns implemented • Members will be asked to clean any equipment they use before and after each use • Spacing markers on floors to keep members who are waiting at least 6ft apart • Signage installed and staff monitoring all areas with more than one member to enforce social distancing practices • Equipment spaced or marked as unavailable to maintain appropriate social distance • Members asked to use the provided wipes to clean equipment before and after each use • Equipment and frequently touched surfaces will be cleaned with disinfecting solution throughout the day (minimum of every two hours) and after closing. • Limit facility/areas to ensure compliance with gathering within one space and social distancing needs • General seating throughout the facility is removed or repositioned to six feet apart • Fever checks of all staff, members and vendors upon entry • Any individual who displays any symptom of an illness may not enter the building • Members, vendors and staff will wash/sanitize hands upon entry and exit • Staff will wash hands frequently • All staff required to wear PPE; members strongly encouraged to wear PPE