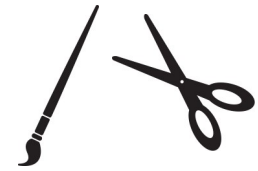




FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Explorers Camp

YMCA of Springfield



Monday **Tuesday** **Wednesday** **Thursday** **Friday**

7:00-9:00 Morning Drop Off
Campers choose from craft or group game activity

9:00-11:15
Special Guest/Event

11:30-12:05 Lunch

12:05-12:15 Clean up

12:15-1:15
Craft Theme Activity

1:15-2:15
Theme Activity

2:30-3:30
Swim Time
3:30-3:45
Dry Time

9:00-9:45 Large Group
Game

9:45-10:30 Group Compete

10:45-11:30 Themed Ac-
tivity

11:30-12:15 Lunch

12:15-1:00
Group Game

Group Competition

2:30-3:30
Swim Time

9:00-11:15
Special Guest/Event

11:30-12:05 Lunch

12:05-12:15 Clean up

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Group Competition

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Swim Time

9:00-11:15
Special Guest/Event

11:30-12:05 Lunch

12:05-12:15 Clean up

12:15-1:15
Craft Theme Activity

1:15-2:15
Theme Activity

2:30-3:30
Swim Time
3:30-3:45
Dry Time

4:00-6:00 Evening Pick Up.
Campers choose from craft or group game activity



Weekly Themes/Descriptions

Each theme is two weeks long

Week 1 and 2 6/7-11 and 6/14-18	Week 3 and 4 6/21-25 and 6/28-7/2	Week 5 and 6 7/6-9 and 7/12-16	Week 7 and 8 7/19-23 and 7/26-30	Week 9 and 10 8/2-6 and 8/9-13
Top Chef Institute	Into the Wild	Here We Van Gough	Center Stage	Brains and Brawn
<p>Have you ever dreamed of opening your own restaurant with all your favorite foods? In this camp, you will be able to do just that. Everyone will have a part, from planning the menu, decorating the restaurant, learning to set tables and make centerpieces, cooking and serving food and finally eating it.</p>	<p>Lace up your boots, load up your pack, fill your canteen and bring your binoculars and a hat – we are headed on an adventure! Our home base will be our indoor campsite complete with a tent and the supplies we need for fun, but we will spend plenty of time exploring the outdoors, too. Learning about forest animals, going on outdoor scavenger hunts, creating nature art, eating campfire treats and making trail mix are all part of the fun.</p>	<p>Unleash your creativity while you immerse yourself in the studio arts: drawing, painting, sculpting, printing and more all centering around the nature theme. You'll enjoy a myriad of artistic media using a variety of materials – charcoal and clay, pastels and paints, inks, wire, thread and more! No experience necessary – suitable for beginning artists as well!</p>	<p>Unleashing your imagination is at the heart of this interactive camp where campers will discover the world of improvisation, a valuable tool in school and a great life skill. Have fun as you explore new ways to express yourself, gain confidence, and fine tune your creative muscles.</p>	<p>From individual challenges to partner, group and team tasks, you are sure to expand your horizons and stretch the boundaries of what you thought you could do. Call on your inner strength to decode puzzles, get through a maze before time runs out, guide a blindfolded partner through obstacles or beat your own record. Every day will bring a new set of opportunities to reach for the sky. Get into the game and use your wits and strength to meet these mental and physical activities and challenges head on!</p>

Be safe!
Wear sunscreen!

Explorer Camps

EVERYDAY: Lunch, swimsuit, towel, bag for wet clothes, snack, and water bottle

Wear comfy clothes and closed-toe shoes.

Kerasotes Camps

EVERYDAY: Lunch, afternoon snack, sunscreen and water bottle

MON, WED, FRI: swimsuit, towel and bag for wet clothes

Wear comfy clothes and closed-toe shoes

NOTE: We do spend time outside. Apply a base layer of sunscreen at home and we will remind children to reapply later.

**Remember
your water
bottle!**

Gymnastic Camps

EVERYDAY: Lunch, swim-suit towel, bag for wet clothes, snack, and water bottle

Wear slip-on shoes!

Bring an afternoon snack!

Wa-Kon-Tah Camps

EVERYDAY: Lunch, swimsuit, towel, bag for wet clothes, snack, sunscreen and water bottle

Close-toe shoes are a must for camper safety. This is an outdoor camp, please send campers in clothes that can handle outdoor play.

NOTE: We do spend time outside. Apply a base layer of sunscreen at home and we will remind children to reapply later.



**Electronics and
toys should
stay at home.**