



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# LIFEGUARD COURSE



Scan to Register Online

## LOCATION

Gus & Flora Kerasotes  
Conference Room  
4550 W. Iles St.  
Springfield, IL 62711

## DATES & TIMES

Sat, April 17 & Sun, April 18  
Sat, April 24 & Sun, April 25  
12:00-4:00 PM

## COURSE COST

Members - \$50  
Public - \$100  
This course is non-refundable.  
Questions about "Train to Work"  
need to be directed to Arthur Steiner.

The YMCA lifeguard training and certification is a unique program designed to ensure interested individuals have all the necessary skills to handle a very demanding and important responsibility: Saving a life! Upon the successful completion of the YMCA course, each participant will become certified as a YMCA lifeguard. Participants also will receive additional certifications in CPR for the professional rescuer, Basic First Aid and Emergency Oxygen Administration from the American Health and Safety Institute. The course combines classroom lecture, online e-learning, swimming and water rescue practice.

## Registration Information

Name: \_\_\_\_\_ Age: \_\_\_\_\_ YMCA Member: Y N

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_



## QUESTIONS?

Contact Aquatics Director Arthur Steiner at  
asteiner@springfieldymca.org or 217-280-5144.

**Downtown YMCA**  
601 N. 4th Street  
Springfield IL, 62702  
217-544-9846

**Kerasotes YMCA**  
601 N. 4th Street  
Springfield IL, 62702  
217-679-1625