

THERE IS A Y IN EVERY FAMILY

November Family Fun Calendar



YMCA of Springfield loves offering monthly family friendly events! All events listed on this calendar are available at no cost for those on a family membership. Descriptions are listed on the back and can be found online—see the QR code above. Online reservations required for all events. All events (except the Youth Fitness class) require families to participate together. Email us at adonovan@springfieldYMCA.org with questions or inquiries!

Downtown location events are in PURPLE, while Kerasotes location events are in GREEN.



	1 Family Track Time	2 Family Track Time	3 Family Track Time	4 Youth Fitness Class Family Track Time	5 Family Swim Family Swim Family Track Time	6 Family Swim Bounce House Bonanza Parents' Night Out
7 Family Swim	8 Family Track Time	9 Family Track Time	10 Family Track Time	11 Youth Fitness Class Family Track Time Creation Station	12 Family Swim Family Swim Family Track Time	13 Family Fitness Challenge Family Swim Bounce House Bonanza
14 Family Swim	15 Family Track Time	16 Family Track Time Creation Station	17 Family Track Time	18 Youth Fitness Class Family Track Time Make A Mess-ter piece	19 Family Swim Family Swim Family Track Time	20 Family Swim Parents' Night Out Bounce House Bonanza
21 Family Swim	22 Family Track Time	23 Family Track Time Make A Mess-ter piece	24 Family Track Time	25 Closed Happy Thanksgiving!	26 Family Swim Family Swim Family Track Time	27 Family Swim
28 Family Swim	29 Family Track Time	30 Family Track Time				



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

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Downtown Schedule

Family Swim Time: Fridays: from 4:00-7:00pm

The small pool is dedicated for family swim each Friday evening!

**Reservations are not needed for Family Swim Time.*

Family Yoga Class: *Temporarily Canceled*

Bring the entire family to participate in a mindful yoga class in Studio 1.

Family Fitness Challenge: *Temporarily Canceled*

Bring your "A game" as families compete in challenges in Studio 1.

Youth Fitness Class: Thursdays: at 4:00pm

High energy workout for our 8-14 year old population in the Youth Gym.

Family Track Time: Monday-Friday: 9:00am-11:00am

Bring your kiddos upstairs to the track for some family walking exercise.

**Please see Front Desk staff upon arrival for Track Policy.*

Parents' Night Out: Saturday, Nov 20th from 6:00-8:00pm

Drop off your kids for a night of group games, crafts, dancing, pizza and more!

**Families can participate in one PNO per month. Ages 2-12 years old .*

***Children must be potty trained.**

Creation Station: Thursday, Nov 11th at 5:00pm

Make together as a family in the Quad.

Make a Mess-ter-piece: Thursday, Nov 18th at 5:00pm

Kerasotes Schedule

Family Swim Time: Fridays: from 4:30-6:30pm

Saturdays: from 12:30pm-3:30pm

Sundays: from 9:30am-11:30am

The recreation pool is dedicated for family swim each Friday night,

Saturday afternoon & Sunday morning!

**Reservations are not needed for Family Swim Time.*

Bounce-House Bonanza: Saturdays: Nov 6th, 13th, & 20th from 12:00-2:00pm .

Reserve the Bounce House for your family to jump for a 30 minute time slot!

Parents' Night Out: Saturday, November 6th from 6:00-8:00pm.

Drop off your kids for a night of group games, crafts, dancing, pizza and more!

**Families can participate in one PNO per month. Ages 2-12 years old.*

***Children must be potty trained.**

Creation Station: Tuesday, November 16th at 5pm

Make together as a family in our Child Watch room.

Make a Mess-ter-piece: Tuesday, Nov 23rd at 5pm

All events will maintain Covid-19 safety protocols, including mask policies and social distancing. One reservation is needed per family per event. Families are welcome to attend activities at both facilities, but families are limited to one Parents' Night Out per month and two Creation Station events per month. Please email us at adonovan@springfieldymca.org with questions, comments or cancellations.

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