



# Gus and Flora Kerasotes YMCA Pool Schedule

10/23-12/18

## Marantz & Londrigan Competition Pool

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>6am-7am</b> Masters Lap Swim		<b>6am-7am</b> Masters Lap Swim		<b>6am-7am</b> Masters Lap Swim	<b>7a-12p</b> SPY	<b>8a-1130a</b> Lap Swim Family Boating
	<b>6a-11am</b> Lap Swim		<b>6a-11am</b> Lap Swim		<b>12p-130p</b> Lap	
<b>7a-345pm</b> Lap Swim	<b>11am-12p</b> Lap Swim Water Ex	<b>7a-345pm</b> Lap Swim	<b>11am-12p</b> Lap Swim Water Ex	<b>7a-345pm</b> Lap Swim	<p><b>KEEP OUR CHILDREN SAFE</b></p> <p>To enter deep water children under the age of 18 must pass a swim test.</p> <p>Coaching or swim instruction by individuals not employed by the Y is not permitted.</p>	
	<b>12p-345p</b> Lap Swim		<b>12p-345p</b> Lap Swim			
<b>345pm-Close</b> SPY						

## The Hoogland Family Recreation & Therapy Pool

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
<b>6a-830a</b> Therapy	<b>6a-945a</b> Therapy	<b>6a-830a</b> Therapy	<b>6a-945a</b> Therapy	<b>6a-830a</b> Therapy	<b>845a-11a</b> Lessons	<b>8a-1130a</b> Family Swim	
<b>830a-930a</b> Water Ex	<b>945a-1045a</b> Water Ex	<b>830a-930a</b> Water Ex	<b>945a-1045a</b> Water Ex	<b>830a-930a</b> Water Ex			
<b>930a-1p</b> Therapy	<b>1045a-1p</b> Therapy	<b>930a-1230p</b> Therapy	<b>1045a-1p</b> Therapy	<b>930a-1230p</b> Therapy	<p>The Resistance area is only open to children during Fri-Sun Family otherwise it is <b>18&amp;UP.</b></p>		
<b>1p-4p</b> Therapy 2/3 Family 1/3	<b>1p-4p</b> Therapy 2/3 Family 1/3	<b>1p-4p</b> Therapy 2/3 Family 1/3	<b>1p-4p</b> Therapy 2/3 Family 1/3	<b>1p-4p</b> Therapy 2/3 Family 1/3			<b>11a-330p</b> Family Swim
<b>4p-8p</b> Lessons	<b>4p-8p</b> Lessons	<b>4p-8p</b> Lessons	<b>4p-8p</b> Lessons	<b>430p-630p</b> Family Swim			