



# Gus and Flora Kerasotes YMCA Pool Schedule

1/1-5/26

## Marantz & Londrigan Competition Pool

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
<b>6am-7am</b> Masters Lap Swim	<b>6am-11am</b> Lap Swim	<b>6am-7am</b> Masters Lap Swim	<b>6a-11am</b> Lap Swim	<b>6am-7am</b> Masters Lap Swim	<b>7a-1200p</b> SPY  <b>12:00-3:30p</b> Lap Swim	<b>8-11:30am</b> Lap Swim	
<b>7a-345pm</b> Lap Swim		<b>7a-345pm</b> Lap Swim		<b>11am-12p</b> Lap Swim Water Ex			<b>7a-345pm</b> Lap Swim
<b>345pm-Close</b> SPY							

**KEEP OUR CHILDREN  
SAFE**

To enter deep water children under the age of 18 must pass a swim test.

Coaching or swim instruction by individuals not employed by the Y is not permitted.

## The Hoogland Family Recreation & Therapy Pool

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>6a-830a</b> Therapy	<b>6a-945a</b> Therapy	<b>6a-830a</b> Therapy	<b>6a-945a</b> Therapy	<b>6a-830a</b> Therapy	<b>6a-9a</b> Closed	<b>8-11:30am</b> Family Swim
<b>830a-930a</b> Water Ex	<b>945a-1045a</b> Water Ex	<b>830a-930a</b> Water Ex	<b>945a-1045a</b> Water Ex	<b>830a-930a</b> Water Ex	<b>9-11am</b> Lessons	
<b>930a-1p</b> Therapy	<b>1045a-1p</b> Therapy	<b>930a-1p</b> Therapy	<b>1045a-1p</b> Therapy	<b>930a-1p</b> Therapy		<b>11am-3:30p</b> Family Swim
<b>1p-4p</b> Therapy 2/3 Family 1/3	<b>1p-4p</b> Therapy 2/3 Family 1/3	<b>1p-4p</b> Therapy 2/3 Family 1/3	<b>1p-4p</b> Therapy 2/3 Family 1/3	<b>1p-4p</b> Therapy 2/3 Family 1/3		
<b>4p-8p</b> Lessons ONLY	<b>4p-8p</b> Lessons & Resistance Area	<b>4p-8p</b> Lessons ONLY	<b>4p-8p</b> Lessons & Resistance Area	<b>4p-7p</b> Family Swim	<b>3:30p</b> Closed	<p>The Resistance area is only open to children during Fri-Sun Family otherwise it is <b>18&amp;UP.</b></p> <p><b>Resistance area closed on Monday and Wednesday.</b></p>